

**Editor:**  
**Internationales Mandel-Institut**  
**für Esogetische Medizin,**  
**Bruchsal**

# **Esogetic Medicine/ Colorpuncture**

## **Gamma 80**



**ESOGETICS**  
heilkraft der farben

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## GAMMA 80

The protocols for treating with the natural rhythms of our brain have now been used for well over 35 years. The idea of inducing the natural rhythms of the human brain was a special discovery of therapeutic possibilities. Over the course of time, elaborate complex programs have been developed for a wide range of complaints, but also for support in the event of illness. Today, the therapeutic results are particularly supportive for both healthy and sick people.

Gamma waves, which have been discovered as the fifth waveform of our brain, are receiving particular attention these days. The gamma waves cover a frequency band from 30 to 100 Hz and have been described as the "bliss-inducing waveforms".

In 2016, neuroscientist Ms.Prof. Li-Huei Tsai discovered that gamma waves in particular were affected very early on in illnesses, especially serious illnesses. Gamma waves are essential in relation to the higher brain functions, for instance perception and memory. There is a special connection to the regions in our brain that have to do with complex thought processes, such as the hippocampus and the prefrontal cortex.

Prof. Tsai recognized in animal experiments that the gamma oscillation around 40 Hz had a special focus on the hippocampus. She developed a device that could induce regulation by means of laser flashes. The human studies confirmed these reactions. The therapy with focused laser therapy is very complex in contrast to induction. We have observed that induction can trigger a similar reaction.

However, there are always sick people, who show no reaction to the treatment with 40 Hz.

My idea was then to excite the gamma waveband as a whole. I therefore decided to stimulate the entire gamma waveband. I doubled the gamma frequency suggested by Prof. Tsai from 40 Hz to 80 Hz.

The program starts with a slow ascent from 30 to 80 Hz. I believe that this activates the entire range of the gamma waves. Then there is a slow descent to the gamma 40 frequency, as suggested by Prof. Tsai, and it finishes with a return to the starting point of 30 Hz at the end of the program.

Especially, if sick people no longer respond to the induction of our existing Gamma long, Gamma short and Gamma 40 programs, the Gamma 80 program should initially be used several times. It is applied via the wrists.

Over time, we have been able to recognize that there is a special location, where this program may be applied in seriously ill people. In that case we use both hip joints, where in our concept access to an individual's program is available as a reflex. We have also been able to recognize that the Gamma 80 program triggered particularly positive reactions on healthy days. Today we believe that this program should be used time and again to maintain health (also in oneself).



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Gamma 80 is one of our new developments of induction, and we will certainly be able to discover further application possibilities down the line.